



MT. HOOD

SUMMER SKI CAMPS

P. O. Box 317
Government Camp, OR 97028
Fax 888-580-4764

OFFICIAL RECEIPT AND CONFIRMATION

Thank you for registering with MT. HOOD SUMMER SKI CAMPS. You are confirmed for the sessions you chose. **The balance of the camp fee is due one month before you arrive.**

Enclosed are a Questionnaire and Medical Release and some Liability Releases. Please sign and return them as soon as possible. We need the forms before you come to camp.

ARRIVALS

Camp begins at 3:30 on Sunday. Arrival, check-in, and orientation are all on Sundays. We will be in Portland for pick-up from 10:30 AM until 2:00 PM. If you plan to arrive on Saturday (day early) to become acclimated to the snow & altitude for an extra day of skiing (\$170 charge), we can be more flexible with pickup times.

If you are arriving by car, registration begins at 12:00 PM at **The Lodges at Salmon River Meadows**, 5 miles east of Government Camp on Hwy 26. Please be sure to arrive after noon and before dinner (6:00 PM). Our orientation meeting will be at 7:00 PM.

DEPARTURES

Saturday is the departure day. The first vans leave Government Camp at 8:00 AM and arrive at the Portland Airport at 9:30 AM. If your plane leaves before 10:30 AM, we will send you to the airport on a shuttle. The cost for the early shuttle begins at \$160.

HOUSING

Camp lodging is bunk style at our lodge. Bed linens are provided. Each room has its own bathroom.

SPENDING MONEY

We recommend that you bring \$60 spending money per session. We have a safe to keep extra money or valuables. Rafting and paintball activities have extra fees; all other activities are part of camp.

WHAT TO BRING:

The best way to prepare for skiing on Mt. Hood is to wear many layers. Air temperature usually is between 20 and 30 degrees in the morning when we start up the lifts and around 65 degrees when we are through. Your backpack needs to be big enough to hold all those layers as well as a lunch and a water bottle.

You need to bring:

| Snowboard& boots or Skis, Boots, & Poles | HELMET | BACKPACK |
|---|---|-----------------|
| Hat, Goggles & 2 pairs Gloves | Warm-up pants | Jacket |
| Sunscreen, Minimum #30 | One quart water bottle | |
| Race Suit (optional) | Slalom gear | Rain Gear |
| 2 TOWELS one for shower, one for aquatic activities | | |
| Socks | Underwear | Jeans |
| | Shorts | T-Shirts |
| Sweatshirt/sweater | | |
| Swimsuit | Toiletries (toothbrush, soap, shampoo, etc) | |
| Spare dry pair running shoes/sandals | | Sunglasses |

We provide sheets, blanket, comforter, pillow, and pillow case.

*Please put identification on all your belongings. Every year campers leave valuable belongings behind that we are unable to return! **We are NOT responsible for the safety of any electronics brought to camp.***

REACHING CAMPERS AT MT. HOOD

Most cell phones work. Put the camp # 503-337-2230 on your child's cell phone so he can call us if need be. We prefer you not contact your child after Sunday evening until Wednesday to make it easier for your child to settle in with us,

Letters and care packages received at the Post Office box are distributed each day. E-mail can be sent to camper@mthood.com by putting your child's name in the subject line.

UPS and Federal Express

Shipping address:

Mt Hood Summer Ski Camp

93732 E Highway 26

Government Camp, OR 97028

Camp office (503) 337-2230

Fax (888-580-4764)

Please remember that your final payment is due 30 days before arrival. Also notify us as soon as possible with your exact arrival plans so that we can be sure to have someone meet you in baggage claim. **Portland International Airport is a safe place to wait and be met.**

Until then, get in shape for a great session!!

Sincerely,



Mike Annett, Director
Mt. Hood Summer Ski Camps, Inc.

MT. HOOD SUMMER SKI CAMP, INC. QUESTIONNAIRE AND MEDICAL RELEASE

NAME: _____ SEX _____ BIRTHDATE _____

ADDRESS: _____

Parent's primary E-mail: _____

Camper's E-mail: _____

Height: _____ Weight: _____ Eyes: _____ Hair: _____

Name of parent or guardian (or person to contact in emergency): _____

Mom _____ TELEPHONE(____) _____

Dad _____ TELEPHONE(____) _____

Camper's cell phone _____

MEDICAL AND HEALTH INFORMATION requested by local medical services:

****Each camp participant must have his own health and accident insurance.****

Please photocopy the back & front of insurance your card and include with forms.

Medical insurance plan _____ Policy # _____

Social Security # _____ Social Security # of policy holder _____

Family Doctor _____ Phone # _____

Are you allergic to any medication? YES _____ NO _____ Which ones? _____

Any other allergies? _____

Are you currently taking any medication? YES _____ NO _____ What? _____

Are you currently in rehabilitation for any injuries? YES _____ NO _____

(If yes, include Doctor's release)

Date of last tetanus shot. _____

MEDICAL RELEASE: I hereby grant permission for the directors of Mt. Hood Summer Ski Camp, Inc. to obtain emergency medical treatment and surgery for _____ in case of injury or illness. I recognize that all possible attempts shall be made to contact me.

Date: _____

 _____

Signature of camper or parent if under 18



MT. HOOD

SUMMER SKI CAMPS

Box 317, Government Camp, OR 97028

Phone 503-337-2230

Fax: 888-580-4764

E mail mike@mthood.com

SKI CAMP RELEASE OF LIABILITY

Please Read Carefully! This is a release of liability and waiver of certain legal rights.

The below named participant ("Participant") understands that skiing, snowboarding, ski mountaineering, inner tubing, and other snow sliding and snowplay sports ("Skiing") can be hazardous and that injuries are common. Participant accepts and assumes the risks associated with Skiing, including, but not limited to, changing weather conditions, variations and steepness in terrain, snow/ice conditions, avalanches, surface or subsurface conditions, bare spots, creeks and gullies, forest growth, rocks, stumps, course design and maintenance, terrain feature design and maintenance, the use of lifts, collisions with natural or manmade objects or other persons, defective Skiing equipment, grooming and snowmobile equipment, lift towers and other structures and their components, falling, loss of control, selection of terrain, and exceeding one's ability. Participant is the sole judge of his/her ability to negotiate any terrain or perform any maneuver whether or not directed by someone else. Participant hereby expressly assumes all risk of injury and death associated with Skiing.

Participant also understands that all other activities ("Other Activities") available at or through Mt. Hood Summer Ski Camp can be dangerous and that injuries are common. Other Activities may take place on or off Mt. Hood Summer Ski Camp premises and include, but are not limited to, rock climbing, challenge course/zip line, trampoline, skate park activities, unicycling, mountain biking, cliff jumping and diving, wind and kite surfing, dodge ball, tennis, golf, field sports, rollerblading, water skiing, wakeboarding, roller skate carving, caving, surfing, tetherball, volleyball, disk golf, basketball, softball, ultimate Frisbee, football, soccer, swimming, canoeing, kayaking, fishing, paintball, and water park activities. Participant is the sole judge of his/her ability to participate in any Other Activities whether or not directed by someone else. Participant hereby expressly assumes all risk of injury and death associated with Other Activities.

In consideration for the use of any facilities, services, equipment, transportation, and premises, Participant hereby agrees to release and indemnify, to the extent allowed by law, Mt. Hood Summer Ski Camp Inc., R.L.K. and Company dba Timberline Ski Area, and its/their owners, employees, partners, directors, officers, agents, contractors, agents, and affiliated companies ("Mt. Hood Summer Ski Camp") from all claims by or on behalf of Participant against Mt. Hood Summer Ski Camp arising directly or indirectly out of Participant's participation in Skiing, Other Activities, and/or the use of any Mt. Hood Summer Ski Camp facilities, services, transportation, equipment, or premises. This release includes claims arising from any cause whatsoever, including, but not limited to, negligence on the part of Mt. Hood Summer Ski Camp. If Participant is a minor, the parent or guardian agrees to indemnify (including costs and attorney fees) Mt. Hood Summer Ski Camp for any claim brought on behalf of any minor named below.

I HAVE READ AND UNDERSTAND THE TERMS OF THIS RELEASE AGREEMENT.

X _____
Signature of Participant

Print Name of Participant

DATE _____

X _____
Signature of Parent/Guardian

Print Name of Parent/Guardian

DATE _____

CAMPER CODE OF CONDUCT

Each camper and parent must sign the Camper code of Conduct indicating that they have read and will follow the code. We also require that all campers observe all additional bed time and dormitory rules.

1. I UNDERSTAND THAT THIS IS A SKI / SNOWBOARD CAMP AND WILL COME PREPARED TO SKI / RIDE EVERY DAY.
2. In a dormitory setting, I realize the importance of keeping my belongings to myself and being neat.
3. I will not smoke, drink alcoholic beverages, or use illegal drugs.
4. I will observe all curfews and subsequent rules of Mt. Hood Summer Ski Camp, Inc.
5. I realize that infractions of any of these rules can mean immediate dismissal from camp with **no refunds.**

X _____
Camper's signature

Date

X _____
Parent or Guardian if under 18

Date

Help us put you in the right coaching group.


Are you coming to:

SKI (circle one)

- RACE FASTER
- LEARN TO SKI RACE
- MOGULS
- FREESKI/TERRAIN PARK
- LEARN TO SKI BETTER
(no beginner skiers)

SNOWBOARD (circle one)

- RIDE BETTER IN THE TERRAIN PARK
- ALL MOUNTAIN RIDING
- SNOWBOARD RACE
- LEARN TO SNOWBOARD
(we allow beginner snowboarders sessions 1-6 only)

How many days on snow per year? _____ What is your ability level? (circle one)  **ADVANCED**

 **INTERMEDIATE**  **BEGINNER**

Highest accomplishments or best trick: _____

What would you most like to learn at camp: _____

What kind of swimmer are you? Strong _____ Average _____ Weak _____ Non-swimmer _____

Travel Arrangements:

Enclose a copy of your itinerary **or** complete the requested information below.

You are arriving by:

Car _____ Train _____ Bus _____ Airplane _____

Date _____ Time _____ Airline _____ Flight # _____

You are departing by:

Car _____ Train _____ Bus _____ Airplane _____

Date _____ Time _____ Airline _____ Flight # _____

Preferred roommates: _____

WAIVER AND RELEASE AGREEMENT
PLEASE READ CAREFULLY BEFORE SIGNING.
THIS IS A RELEASE OF LIABILITY AND A WAIVER CERTAIN LEGAL RIGHTS.

In consideration for my being permitted to participate in the whitewater rafting activities of Mt. Hood Summer Ski Camp, I agree to the following waiver and release:

I acknowledge that whitewater rafting has inherent risks, hazards, and dangers for anyone that cannot be eliminated, particularly in a wilderness environment. I understand that these risks, hazards and dangers include without limitation:

1. Water hazards in boating and wading in the rivers including drowning;
2. Hiking in rugged country;
3. Injuries from whitewater rafting equipment and other participants;
4. Temperature extremes;
5. Inclement weather conditions and unavailability of immediate medical attention in the wilderness in case of injury.

I understand the risks, hazards, and dangers of whitewater rafting and have had the opportunity to discuss them with Mt. Hood Summer Ski Camps. I understand that these activities may require good physical conditioning and a degree of skill and knowledge. I believe I have that good physical conditioning and the degree of skill and responsibilities. My participation in this activity is purely voluntary. No one is forcing me to participate and I elect to participate in spite of the risks. I am voluntarily using the services of Mt. Hood Summer Ski Camps with full knowledge of the inherent risks, hazards, and dangers involved and hereby assume and accept all risks of injury, paralysis, or death.

Lastly, I, for myself, my heirs, successors, executors, and subrogees, hereby knowingly and intentionally waive and release, indemnify and hold harmless Mt. Hood Summer Ski Camp, Inc., their directors, officers, agents, employees, and volunteers from and against any and all claims, actions, causes of actions, liabilities, suits, expenses (including reasonable attorney's fees) which are related to, arise out of, or are in any way connected with my participation in this activity including, but not limited to, NEGLIGENCE of any kind or nature, whether foreseen or unforeseen, arising indirectly out of any damage, loss, injury, paralysis, or death to me or my property as a result of my engaging in these activities or the use of these services and equipment, whether such damage, loss, injury, paralysis, or death results from negligence of Mt. Hood Summer Ski Camps or from some other cause. I, for myself, my heirs, my successors, executors, and subrogees, further agree not to sue Mt. Hood Summer Ski Camps as a result of any injury, paralysis, or death suffered in connection with my use and participation in the whitewater rafting activities of Mt. Hood Summer Ski Camps.

I have carefully read, clearly understood, and voluntarily sign this waiver and release agreement.

_____ **X** _____
Date Signature

Participant: _____ Age: _____

Address: _____

Phone: _____

If under 18 years of age, parent, guardian, or custodian must sign the following indemnification

for **Participant** _____

INDEMNIFICATION

In consideration for the above minor being permitted by Mt. Hood Summer Ski Camps to participate in the activities of whitewater rafting which include without limitation, the use of services, and equipment, I agree to the following waiver, release and indemnification:

The undersigned parent, guardian, or custodian of the above minor, for himself/herself and on behalf of said minor, hereby joins in the foregoing Waiver and Release and hereby stipulates and agrees to save and hold harmless, indemnify, and forever defend Mt. Hood Summer Ski Camps, their directors, officers, agents, employees, and volunteers from and against claims, actions, demands, expenses, liabilities (including reasonable attorney's fees), and NEGLIGENCE made or brought by said minor or by anyone on behalf of the said minor, as a result of the said minor's participation in the activities of Mt. Hood Summer Ski Camps and his or her use of property and facilities of Mt. Hood Summer Ski Camps. I, for myself and on behalf of said minor, further agree not to sue Mt. Hood Summer Ski Camps as a result of any injury, paralysis or death that said minor suffers in connection with his/her participation in the whitewater rafting activities with Mt. Hood Summer Ski Camps.

_____ **X** _____
Date Signature of Parent, Guardian, or Custodian of Minor

_____ **X** _____
Date Signature of Witness